

Recreation



Town of
Superior

Register for programs and
get up-to-date information
at superiorrec.com

*Winter/
Spring
2025*

JANUARY–APRIL

Welcome to the Winter/Spring 2025 Recreation Guide!

In this guide, you will find information about upcoming programs, events and volunteer opportunities in the Town of Superior. There are possibilities for everyone! Explore the options and register at superiorrec.com to start making the most of your winter/spring. If you have questions or need assistance, please feel free to reach out via email at tospros@superiorcolorado.gov, in person at the Superior Community Center, 1500 Coalton Road or via phone at 303-554-9005. We would love to hear from you. Have a great winter/spring!

—The Town of Superior Parks, Recreation
and Open Space Department

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Look for **SF** = Senior Friendly

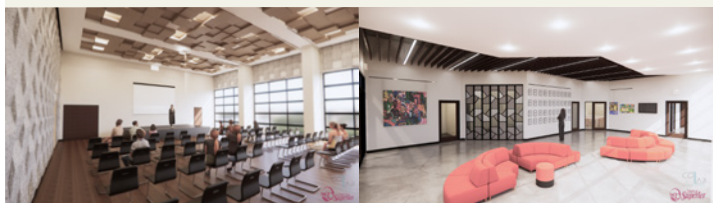


Encouraging
VIBRANT & MEANINGFUL
Community

DOWNTOWN SUPERIOR CIVIC SPACE



- New Civic Space, located at 2250 Main Street in Downtown Superior.
- 8,000 square feet includes restrooms, lobby, common area, children's area, studio/classroom, small conference room, large event space and staff areas.
- Interior finishes are currently under construction with anticipated opening in the spring of 2025.
- Programming, staffing and scheduling of the facility will begin in early 2025.





We are SUPERIOR Parks & Rec!

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Watch for LINKS
 throughout the Guide.



TOWN EVENTS

Spring is the start of Superior's events season, and we love kicking things off with a little green!

April is Earth Month, which includes the Town's Arbor Day and Hard to Recycle events. Mark your calendar and check out the [Town events webpage](#) for more information and more 2025 Town events.



Saturday,
April 26



TOWN OF **SUPERIOR** | *Events*



SUPERIOR'S VOLUNTEER VILLAGE

Get a front row seat to the best projects and events in town! Volunteer opportunities to give back and make a difference in and around Superior are bountiful, ranging from parks and trail projects, community events and group activities, to more formalized programs such as Snow Busters, Weed Warriors, Advisory Group Committees and more. There is always a need for volunteers and always a reward in watching the community come together. For more information and a list of current opportunities, please visit the [Town volunteer webpage](#).

ART EXHIBIT

Andrew Vaughan

In My Orbit

OPENING RECEPTION

Thursday, January 16, 5:30 to 7:30 p.m.

Superior Community Center exhibit gallery
(1500 Coalton Road)

**EXHIBITION
DATES:**
Jan. 10 – Mar. 31
2025

In My Orbit features a small sampling of Andrew's photographs that highlight the people and places closest to his heart. Most of the images feature a unique perspective of the Sun – the star that binds us all into the same orbit.

Andrew Vaughan has been a Superior resident since late 2013 and a member of the Town's Cultural Arts and Public Spaces (CAPS) advisory committee since early 2023. When not out on local adventures with his wife and three school-aged children, Andrew is either stalking the Superior sunset with his camera or working at NASA's Jet Propulsion Laboratory navigating spacecraft between the planets.

CULTURAL ARTS AND PUBLIC SPACES ADVISORY COMMITTEE (CAPS) SPEAKER SERIES

SUPERIOR PAIRINGS: Discussions on Contemporary Culture

Wall to Wall: Building Community Through Murals

Tuesday, February 25, 6:30 p.m. (FREE and open to the public)

Superior Community Center exhibit gallery (1500 Coalton Road)

SPEAKERS:

- **Max Kauffman** is a local artist and founder of Neufolk, a curatorial project highlighting handmade, traditional and folk art. Kauffman also is the curator of The Walsenburg Mural Fest.
- **Anthony "Birdseed" Garcia** is a local muralist and founder of the Birdseed Collective, which specializes in connecting with lower income communities and engaging with their needs.

This is the first of five speaker series talks hosted by CAPS in 2025 (the second session is slated for April 22). Wall to Wall will be a dialogue about the history of mural culture in Colorado and how to cultivate it. With over 40 years of combined experience the two speakers, Max Kauffman and Anthony Garcia will share short videos and photos of some of their favorite murals around Colorado, while talking about ways to build community through murals.

Superior community center information

1500 Coalton Road



Welcome to the Superior Community Center!

Your dedicated space for community connection and support. The SCC offers enrichment programs for all ages and interests, meeting rooms, engaging workspaces, live entertainment and a great place to meet friends. Don't be a stranger! Come see us at the Superior Community Center, where togetherness thrives!

Community Center Hours:

Monday–Thursday	8 a.m.-8 p.m.
Friday–Saturday	8 a.m.-10 p.m.
Sunday	Noon-6 p.m.

Check out all of the ways you can enjoy the center below. Have questions? Give us a ring at 303-554-9005.

THE COMMUNITY CENTER HAS IT ALL!



A special

LIBRARY AREA

for readers. Reserve, pick up and drop off books in the Louisville Library Book Locker.



Small and large

MEETING ROOMS

that can be arranged for your needs.



FLEXIBLE SEATING

for both comfort and lounging or work and productivity.



STADIUM SEATING

for small performances, educational conferences or professional seminars.



AMPLE NATURAL LIGHT

from skylights and glass garage doors.



WI-FI & TECHNOLOGY

to meet the demands of personal and professional needs.





Superior community center information

COME CHECK IT OUT!



MODERN INDUSTRIAL
design that incorporates the arts
and engages the senses.



A dedicated youth room called
THE SPOT.



MICRO MARKET VENDING
Grab n' Go delicious bites and drinks.



GAME NIGHTS ON FRIDAYS
LIVE MUSIC ON SATURDAYS

Submit a Program Proposal

Do you have an idea for a program or service you think would benefit the residents of Superior? Visit superiorcommunitycenter.com to find the **Program Proposal form** and view submission dates. Email form to tospros@superiorcolorado.gov.



Currently accepting room rentals through April 2025.

Room reservations for the months of May through August 2025 will open on April 1. All fees for use of any of the four rooms in the Superior Community Center by Town of Superior residents, resident businesses and resident organizations shall be waived for up to two reservations per month. Visit superiorcommunitycenter.com to reserve a room.



TOT ENRICHMENT

Storytime with Louisville Library Staff

Program facilitated in partnership with Louisville Library staff at the Superior Community Center.

FAMILY STORYTIME

Age: 2-5 | Community Center

Join the Louisville Public Library staff for a storytime the whole family can enjoy! While the books, songs, and rhymes will be targeted at ages 2-5, older and younger siblings are welcome. *Registration not required.

1/07-4/29 Tuesday 9-9:30 a.m. FREE

Creatory Workshops

Creatory Workshops' goal is to provide an educational, social and engaging program that promotes creative thinking and hands-on learning.

PRE-K STORYTIME: PET PARADE

Age: 3-5 | Community Center

Does your little one love getting up to their elbows in creativity? Join us for storytime and pre-K joy of art class! We will discover the joy of art and investigate different materials, colors, techniques, collage and storytime! Each week we will work on our motor skills, meeting new friends and creating wonderful works of art!

Parents or caregivers may drop off children 4 or older OR stay to observe from a parent table. Ages 3-5 (3-3.5-year-olds may attend with adult assistance).

1/22-2/26 Wednesday 10:15-11:30 a.m. \$180
1/23-2/27 Thursday 10:15-11:30 a.m. \$180

PRE-K STORYTIME: SPRINGTIME GARDENS

Age: 3-5 | Community Center

Does your little one love getting up to their elbows in creativity? Join us for storytime and pre-K joy of art class!

We will discover the joy of art and investigate different materials, colors, techniques, collage and story time! Each week we will work on our motor skills, meeting new friends and creating wonderful works of art!

Parents or caregivers may drop off children 4 or older OR stay to observe from a parent table. Ages 3-5 (3-3.5-year-olds may attend with adult assistance).

3/05-4/30 Wednesday 10:15-11:30 a.m. \$240
3/06-5/01 Thursday 10:15-11:30 a.m. \$240

Denver Dance Authority

PRE-K ACROBATICS AND TUMBLING

Age: 3-5 | Community Center

Pre-K students of Superior will have the opportunity to learn tumbling skills on a 33-foot inflatable tumble track. With hands-on spotting and specialized instruction, our expert teachers provide a structured, fun and physically challenging class for each student. Students will learn to do a number of skills including handstands, dive rolls, backbends, cartwheels and much more. Dress Code: Fitted athletic wear, appropriate for going upside down. Long hair must be tied back. No jewelry. Bare feet or socks with grippers.

3/04-4/08 Tuesday 5-5:30 p.m. \$140
4/15-5/06 Tuesday 5-5:30 p.m. \$95

➔ Click on individual sessions to register!



YOUTH ENRICHMENT

Guided Meditation and Sound Bath

Age: 10-17 | Community Center

Join Reiki Master Crystal Chinn for a guided meditation and sound bath experience. Through this group session you will experience deeply immersive, full-body listening that intentionally uses sound to invite gentle yet powerful therapeutic and restorative processes to nurture your mind and body. Participants, please bring your own yoga mat, blanket, pillow (and anything to make your experience comfortable, such as an eye pillow).

*Children need to be accompanied by an adult and able to lay quietly during the hourlong session. *Registration for adults can be found under Adult Enrichment. *Class will open 15 minutes prior to start time to settle in.

For more information about Crystal Chinn, please visit: crystalchinn.com.

1/13	Monday	7-8 p.m.	\$15
2/10	Monday	7-8 p.m.	\$15
3/10	Monday	7-8 p.m.	\$15
4/14	Monday	7-8 p.m.	\$15

Denver Dance Authority

BEGINNING ACROBATICS AND TUMBLING

Age: 5-8 | Community Center

This high-energy, fun class is for kids ages 5-8, who are interested in athletic tricks! Students will perform acrobatic and tumbling skills on a 33-foot inflatable tumble track, where they will learn to flip, fly and fall safely. Skills focused on in this level are dive rolls, cartwheels, assisted handsprings and assisted aerials.

3/04-4/08	Tuesday	5:30-6:30 p.m.	\$175
4/15-5/06	Tuesday	5:30-6:30 p.m.	\$120

INTERMEDIATE ACROBATICS AND TUMBLING

Age: 8-12 | Community Center

This is an exhilarating and challenging class for active kids ages 8-12 of all experience levels looking to learn some seriously fun tricks! We teach everything from a cartwheel to a full twist on a 33-foot inflatable tumble track. Students will start the class with warm-ups and conditioning, followed by drills, and then finally, the skill of the day. This class focuses on cartwheels, roundoffs, aerials, front and back handsprings, and flips.

3/04-4/08	Tuesday	6:30-7:30 p.m.	\$175
4/15-5/06	Tuesday	6:30-7:30 p.m.	\$120

Drop-In Createry Workshops

Createry Workshops' goal is to provide an educational, social and engaging program that promotes creative thinking and hands-on learning.



SCHOOL'S OUT CREATE! CAMP

Age: 6-12 | Community Center

When school's out – we are in! Whether it is a holiday, conferences or a random day off, we are here to lend you a painted hand! Each day we will create fun projects, play games and get up to our elbows in ooey gooey fun! Half-day camp includes one main project, one snack break and free creating time.

Please Note: If you sign up for morning and afternoon, we will provide a supervised lunch break from noon-12:30.

Half Day: bring water bottle and one snack

Full Day: bring water bottle, two snacks and a lunch

1/20	Monday	9 a.m.-noon	\$55
1/20	Monday	12:30-3:30 p.m.	\$55
2/17	Monday	9 a.m.-noon	\$55
2/17	Monday	12:30-3:30 p.m.	\$55
2/18	Tuesday	9 a.m.-noon	\$55
2/18	Tuesday	12:30-3:30 p.m.	\$55
4/18	Friday	9 a.m.-noon	\$55
4/18	Friday	12:30-3:30 p.m.	\$55
4/21	Monday	9 a.m.-noon	\$55
4/21	Monday	12:30-3:30 p.m.	\$55

Superior community center programs



Creatory Workshops

Creatory Workshops' goal is to provide an educational, social and engaging program that promotes creative thinking and hands-on learning.

AFTER SCHOOL CREATE CLUB

Age: 6-12 | Community Center

Join us for After School Create Club, where we discover different art mediums each week! Each project will be adjusted to fit different age groups and artistic skills. This class is centered around a chosen base project, where children will learn art concepts and design elements, learn how to use different materials, and have fun while creating! We encourage each child to create the project using their own personal flair!

Main bases include: canvas, creative cardboard, wood crafts, mixed media, and clay. Embellishments: buttons, jewels, pompoms, glitter and more!

THEME: Animalistic (lions, dogs, cats, and more!)

1/22-2/26 Wednesday 4-5:30 p.m. \$192

1/23-2/27 Thursday 4-5:30 p.m. \$192

THEME: #Trending (Taylor Swift, Minions, movies and more!)

3/05-4/30 Wednesday 4-5:30 p.m. \$256

3/06-5/01 Thursday 4-5:30 p.m. \$256

SPRING BREAK! CAMP

Age: 6-12 | Community Center

Join us for Spring Break! Camp, full of fantastic festive arts, crafts and creations! Each day we will explore a new vacation hotspot through projects, learning about their culture and featured art styles. We will be expressing your creative flair through painting, creative cardboard, air dry clay, and more!

Monday: Hawaii

Tuesday: Mexico

Wednesday: Bali

Thursday: Jamaica

Friday: France

Please Note: If you sign up for morning and afternoon, we will provide a supervised lunch break from noon-12:30.

Half Day: bring water bottle and one snack

Full Day: bring water bottle, two snacks and a lunch

Drop In: Cost per each half-day session is **\$55**

3/24-3/28 Monday-Friday 9 a.m.-noon \$255

3/24-3/28 Monday-Friday 12:30-3:30 p.m. \$255

Snapology School Break Camps

Snapology teaches STEM/STEAM concepts to children through hands-on, interactive play, using LEGO bricks and other fun learning tools. Our instructors are experienced teachers who teach to the children's abilities in a safe, inclusive, social and fun environment!

SPRINGTIME SCIENTISTS (+TAKE-HOME BUILD!)

Age: 6-12 | Community Center

Does your child love to experiment and ask questions about the world around them? If so, it sounds like you already have a scientist on your hands! Snapology's Scientists program helps children explore their curiosities and cultivate a deep love for science by experiencing the different domains of scientific study. Campers will





Superior community center programs

get excited about the start of spring and engage with concepts from the fields of earth science and biology in this two-day mini-camp, using LEGO® bricks and other interactive learning tools. We make science fun, exciting, and approachable at Snapology! Each camper will get a spring make-and-take build to take home!

4/18, 4/21 Fri, Mon 9 a.m.-noon \$115

TEEN ENRICHMENT

Beginner Ukulele Class

Age: 14+ | Community Center

Learn to play the ukulele, and become part of the vibrant Colorado ukulele scene, where players come together to sing, play and have fun. You will learn basic chords and strumming patterns, how to read chord diagrams and chord charts, and how to change smoothly from one chord to the next.

1/14-2/18	Tuesday	5-6 p.m.	\$100
3/04-4/15	Tuesday	5-6 p.m.	\$100

Level Up Ukulele

Age: 14+ | Community Center

Take your beginning ukulele skills to the next level. Expand your playing ability with more advanced strums, bar chords, chord variations, finger picking and solo work. You do not need to know how to read music for this class.

1/14-2/18	Tuesday	6:15-7:15 p.m.	\$100
3/04-4/15	Tuesday	6:15-7:15 p.m.	\$100

➡ Click on individual sessions to register!

Stop the Bleed Course

Age: 16+ | Community Center

A bleeding injury can happen anywhere. We've all seen it happen too often – on the news or in everyday life. Life-threatening bleeding can happen in people injured in serious accidents or disasters. Become an immediate responder by learning how to control bleeding with ACS Stop the Bleed. Class is taught by staff from AdventHealth Avista Hospital.

1/21	Tuesday	6-7 p.m.	FREE
2/25	Tuesday	6-7 p.m.	FREE
3/11	Tuesday	6-7 p.m.	FREE
4/22	Tuesday	6-7 p.m.	FREE

Open Mic Nights!

Ages 15+ | Community Center

Are you a new local musician looking to have your music heard? Sign up for an Open Mic Night, and play to a supportive audience of peers and surrounding community members in a professionally hosted, live performance setting. With mindful curation, the open mic will offer diverse styles of music and representation, and will showcase the talent that exists in the community.

Music from 6-7:45 p.m. (15-minute/3-song sets for solo/duo musicians) on the second and fourth Wednesday of each month.

*Signups in person at 5:30 p.m. Hosted by Robert Rowe & Suz Paxon.

1/08	Wednesday	5:30-7:45 p.m.	FREE
1/22	Wednesday	5:30-7:45 p.m.	FREE
2/12	Wednesday	5:30-7:45 p.m.	FREE
2/26	Wednesday	5:30-7:45 p.m.	FREE
3/12	Wednesday	5:30-7:45 p.m.	FREE
3/26	Wednesday	5:30-7:45 p.m.	FREE
4/09	Wednesday	5:30-7:45 p.m.	FREE
4/23	Wednesday	5:30-6:30 p.m.	FREE



Teen Nights

Age: 12-15 | Community Center

Teen Night at the Superior Community Center: Light up your Friday night! Join us for our Teen Nights from 6-9 p.m. this summer! Get ready for ping pong tournaments, silent disco, video games, pizza and FUN! This FREE event offers a safe space for teens (ages 12 and up) to connect and make friends. Registration is required (limited spots!). Let's create a community, one game at a time!

1/24	New Year, New Me!	Friday	6-9 p.m.	FREE
2/14	Galentines Day!	Friday	6-9 p.m.	FREE
3/28	Pajama Party Palooza!	Friday	6-9 p.m.	FREE
4/25	'90s Kidz!	Friday	6-9 p.m.	FREE

Creatory Workshops

Creatory Workshops' goal is to provide an educational, social and engaging program that promotes creative thinking and hands-on learning.

FIRST FRIDAYS: FLUID ART – PAINT POURING

Age: 12-15 | Community Center

Join us for a teen-only night of creating and music every first Friday of the month. Each week is a different type of art or craft, where you will not only learn new techniques, but be able to let your creative flair fly! We will turn up the tunes and get in the creative flow. Bring your own snacks, fancy drinks and friends!

2/07 Friday 6-8 p.m. \$42

FIRST FRIDAYS: MIXED MEDIA MADNESS

Age: 12-15 | Community Center

Join us for a teen-only night of creating and music every first Friday of the month. Each week is a different type of art or craft, where you will not only learn new techniques, but be able to let your creative flair fly! We will turn up the tunes and get in the creative flow. Bring your own snacks, fancy drinks and friends!

3/07 Friday 6-8 p.m. \$42

FIRST FRIDAYS: PRINTMAKING AND BLOCK PRINTING

Age: 12-15 | Community Center

Join us for a teen-only night of creating and music every first Friday of the month. Each week is a different type of art or craft, where you will not only learn new techniques, but be able to let your creative flair fly! We will turn up the tunes and get in the creative flow. Bring your own snacks, fancy drinks and friends!

4/04 Friday 6-8 p.m. \$42

The "Amazing" Piano Class for Beginners SF

Age: 13+ | Community Center

This "Amazing" Piano Keyboard class is a fun way to begin a lifetime of enjoying playing music. Play melodies, chords and rhythms. Learn good postures and techniques to avoid habits that hold many pianists back!

*Participants will need to bring their own keyboard.

Instructor has low-cost rental keyboards if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	5:40-6:40 p.m.	\$64
2/06-2/27	Thursday	5:40-6:40 p.m.	\$64
3/06-3/27	Thursday	5:40-6:40 p.m.	\$64
4/03-4/24	Thursday	5:40-6:40 p.m.	\$64



The "Amazing" Guitar Class for Beginners **SF**

Age: 13+ | Community Center

This "Amazing" Guitar class is a fun way to begin a lifetime of enjoying playing music. Play melodies, strum chords, create rhythms. Learn good postures and techniques to avoid habits that hold many guitarists back!

*Participants need to bring their own guitar. Instructor has low-cost rentals if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	6:45-7:45 p.m.	\$64
2/06-2/27	Thursday	6:45-7:45 p.m.	\$64
3/06-3/27	Thursday	6:45-7:45 p.m.	\$64
4/03-4/24	Thursday	6:45-7:45 p.m.	\$64

SAT/ACT Mastery Lab

Age: 14-20 | Community Center

Unlock your full potential with our innovative SAT/ACT Mastery Lab – a dynamic program designed to elevate your test-taking skills and boost your confidence. Learn effective strategies tailored to conquer each section of the SAT. Join us for an engaging learning experience that goes beyond traditional methods, offering a blend of interactive sessions, personalized strategies, and cutting-edge resources.

For more information about Dr. Megha Suswaram, Ph.D., view her website at visioncollegecatalyst.com.

2/01-4/05	Saturday	9-11 a.m.	\$300
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➔ Click on individual sessions to register!

Abstract Photography Workshop

Age: 13+ | Community Center

Want to learn to see the world in a new way? Need a creative hobby that works anytime, anyplace? Ready to learn to craft images that make people say, "Whoa, cool – what is that?" Welcome to the practice of abstract photography, an art form no further away than the phone camera in your pocket.

Target skill level: beginner to intermediate (but everyone is welcome!) **under 13 OK with parent or guardian who is also a participant.** Participants provide their own camera (phone, tablet, other – all fine).

About the instructor: Brian Brewington is an amateur photographer from Superior, Colorado. His work has been exhibited at the Denver International Airport, the Colorado State Capitol, the United States Capitol, and in national juried art shows. He believes that creativity is a team sport, and invites you to be part of the journey. You can find his work online at brianbrewington.com.

2/08	Saturday	9:30-11:30 a.m.	FREE
3/15	Saturday	9:30-11:30 a.m.	FREE

ADULT ENRICHMENT

Ukulele Jam! **SF**

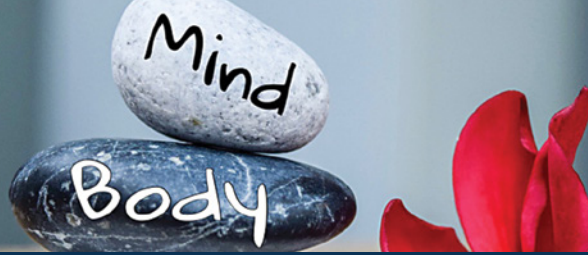
All Ages | Community Center

Come play with other ukulele lovers' and have the opportunity to learn, share music and perform in a fun and supportive environment. All player abilities welcome.

*Registration is not required.

1/06-4/28	Monday	4:30-6:30 p.m.	FREE
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SF = Senior Friendly



Guided Meditation and Sound Bath

Age: 18+ | Community Center

Join Reiki Master Crystal Chinn for a guided meditation and sound bath experience. Through this group session you will experience deeply immersive, full-body listening that intentionally uses sound to invite gentle yet powerful therapeutic and restorative processes to nurture your mind and body. Participants, please bring your own yoga mat, blanket, pillow (and anything to make your experience comfortable, such as an eye pillow).

*Class will open 15 minutes prior to start time to settle in.

For more information about Crystal Chinn, please visit crystalchinn.com.

1/13	Monday	7-8 p.m.	\$25
2/10	Monday	7-8 p.m.	\$25
3/10	Monday	7-8 p.m.	\$25
4/14	Monday	7-8 p.m.	\$25

Beginner Ukulele Class SF

Age: 14+ | Community Center

Learn to play the ukulele, and become part of the vibrant Colorado ukulele scene, where players come together to sing, play and have fun. You will learn basic chords and strumming patterns, how to read chord diagrams and chord charts, and how to change smoothly from one chord to the next.

1/14-2/18	Tuesday	5-6 p.m.	\$100
3/04-4/15	Tuesday	5-6 p.m.	\$100

Level Up Ukulele SF

Age: 14+ | Community Center

Take your beginning ukulele skills to the next level. Expand your playing ability with more advanced strums, bar chords, chord variations, finger picking and solo work. You do not need to know how to read music for this class.

1/14-2/18	Tuesday	6:15-7:15 p.m.	\$100
3/04-4/15	Tuesday	6:15-7:15 p.m.	\$100

German Classes SF

Age: 18+ | Community Center

An introduction to modern spoken German for adults, leveraging the many similarities between English and German, both in vocabulary and grammar.

1/07-2/25	Tuesday	9:30-11 a.m.	\$120
3/04-4/29	Tuesday	9:30-11 a.m.	\$120

Stop the Bleed Course

Age: 16+ | Community Center

A bleeding injury can happen anywhere. We've all seen it happen too often – on the news or in everyday life. Life-threatening bleeding can happen in people injured in serious accidents or disasters. Become an immediate responder by learning how to control bleeding with ACS Stop the Bleed. Class is taught by staff from AdventHealth Avista Hospital.

1/21	Tuesday	6-7 p.m.	FREE
2/25	Tuesday	6-7 p.m.	FREE
3/11	Tuesday	6-7 p.m.	FREE
4/22	Tuesday	6-7 p.m.	FREE



➡ Click on individual sessions to register!



Superior community center programs

Open Mic Nights!

Ages 15+ | Community Center

Are you a new local musician looking to have your music heard? Sign up for an Open Mic Night, and play to a supportive audience of peers and surrounding community members in a professionally hosted, live performance setting. With mindful curation, the open mic will offer diverse styles of music, representation, and will showcase the talent that exists in the community.

Music from 6-7:45 p.m. (15-minute/3-song sets for solo/duo musicians) on the second and fourth Wednesday of each month.

*Signups in person at 5:30 p.m. Hosted by Robert Rowe & Suz Paxon.

1/08	Wednesday	5:30-7:45 p.m.	FREE
1/22	Wednesday	5:30-7:45 p.m.	FREE
2/12	Wednesday	5:30-7:45 p.m.	FREE
2/26	Wednesday	5:30-7:45 p.m.	FREE
3/12	Wednesday	5:30-7:45 p.m.	FREE
3/26	Wednesday	5:30-7:45 p.m.	FREE
4/09	Wednesday	5:30-7:45 p.m.	FREE
4/23	Wednesday	5:30-6:30 p.m.	FREE

Investing 101

Age: 18+ | Community Center

This weekly class will review seven different topics across personal finance and investing: how responsible investing can be beneficial for an individual long-term, bonds, stocks, retirement and education accounts, portfolio construction, real estate, and investing internationally. The information presented will be a combination of general knowledge, how specific investment vehicles work, risk considerations, and options for beginning to invest in each market covered in the class.

1/08-2/19	Wednesday	6-7 p.m.	FREE
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SF = Senior Friendly

Medicare 101: Educational Seminar

Age: 65+ | Community Center

While obtaining Medicare coverage is something most of us will experience in our lives eventually, it can be confusing to know when and how to make this transition and then how to choose a plan to supplement original Medicare that best suits your needs. People in all walks of life can benefit from a better understanding of Medicare. The goal is to educate so that when Medicare comes up, you know what questions to ask and can make informed decisions. Seminars are for those 65+ (or those under 65 with Medicare).

1/16	Thursday	5:30-6:30 p.m.	FREE
2/19	Wednesday	6-7 p.m.	FREE
3/18	Tuesday	5:30-6:30 p.m.	FREE
4/16	Wednesday	5:30-6:30 p.m.	FREE

Medicare Changes – What You Need to Know

Age: 65+ | Community Center

Every year your Medicare plan changes; however, this year there are more changes than ever due to the Inflation Reduction Act. There are good and not-so-good changes in almost all plans this year. Many individuals may not realize how these changes will affect them until the new year when they start using the plan. This seminar will go over the changes and how they may affect your coverage.

1/22	Wednesday	5:30-6:30 p.m.	FREE
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Superior community center programs



Learn Spanish Colorado **SF**

Age: 18+ | Community Center

Learn Spanish Colorado specializes in teaching Spanish classes for adults. We are dedicated to finding the best teaching methods to reach the individual necessities of our students. In these classes, you will find:

- Native instructor
- Interactive, fun and practical classes with an established curriculum
- Classes focus on communication and culture
- Level and pace depends on student's needs
- Small classes (1-6)
- Inexpensive

1/09-2/27	Thursday	9-10:30 a.m.	\$240
3/06-4/24	Thursday	9-10:30 a.m.	\$240

Community Choir **SF**

Age: 14+ | Community Center

This is a non-auditioned choir for the community of Superior (and friends). No prior experience needed; you bring your joy of – or curiosity about – singing, and the director will facilitate the rest! Rehearsals are held once a week for 1.5 hours, and performances are TBA (not required, but highly encouraged!).

For more information about choir director Kate Janzen, please visit: katejanzen.com.

1/09-4/24	Thursday	6:30-7:45 p.m.	\$5
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The "Amazing" Piano Class for Beginners **SF**

Age: 13+ | Community Center

This "Amazing" Piano Keyboard class is a fun way to begin a lifetime of enjoying playing music. Play melodies, chords and rhythms. Learn good postures and techniques to avoid habits that hold many pianists back!

*Participants will need to bring their own keyboard. Instructor has low-cost rental keyboards if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	5:40-6:40 p.m.	\$64
2/06-2/27	Thursday	5:40-6:40 p.m.	\$64
3/06-3/27	Thursday	5:40-6:40 p.m.	\$64
4/03-4/24	Thursday	5:40-6:40 p.m.	\$64

The "Amazing" Guitar Class for Beginners **SF**

Age: 13+ | Community Center

This "Amazing" Guitar class is a fun way to begin a lifetime of enjoying playing music. Play melodies, strum chords, create rhythms. Learn good postures and techniques to avoid habits that hold many guitarists back!

*Participants need to bring their own guitar. Instructor has low-cost rentals if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	6:45-7:45 p.m.	\$64
2/06-2/27	Thursday	6:45-7:45 p.m.	\$64
3/06-3/27	Thursday	6:45-7:45 p.m.	\$64
4/03-4/24	Thursday	6:45-7:45 p.m.	\$64



Click on individual
sessions to register!



Tai Chi for Arthritis and Falls Prevention

TAI CHI FORMS 1 **SF**

Age: 18+ | Community Center

This class focuses on relieving the symptoms of arthritis and pain and enhancing overall healthy movement with Tai Chi Forms 1. Participants do not need to have arthritis to benefit from the exercises that improve balance and reduce risk and fear of falling.

Email whitney.todaro@AdventHealth.com with questions.

1/16-2/27 Thursday 1:15-2:15 p.m. \$35

TAI CHI FORMS 2 **SF**

Age: 18+ | Community Center

This class focuses on relieving the symptoms of arthritis and pain and enhancing overall healthy movement with Tai Chi Forms 2.

The class is taught step-by-step, so anyone who is interested in improving their balance, activity tolerance or just to get their chi flowing is welcome!

Participants do not need to have arthritis or take Tai Chi Forms 1 to benefit from these exercises that improve balance and reduce risk and fear of falling.

Email whitney.todaro@AdventHealth.com with questions.

3/06-4/24 Thursday 1:15-2:15 p.m. \$35

Dealing with Dementia Workshop **SF**

Age: 18+ | Community Center

The Boulder County Area Agency on Aging Caregiver Initiative is focused on empowering and supporting caregivers of older adults. Family/informal caregivers are the backbone of community-based services. To support local caregivers of people with dementia, we are offering this workshop, developed by the Rosalynn Carter Institute for Caregiving. This workshop provides effective strategies for dealing with dementia behaviors, providing tips and strategies for caregivers on best practices for caring for their loved ones and themselves. Caregivers who attend the workshop will also receive a copy of the Dealing with Dementia Guide, which provides information and solutions to problems caregivers face every day.

*There is no charge for this program. Registration is required. Refreshments provided.

4/11 Friday 9 a.m.-1 p.m. FREE

SAT/ACT Mastery Lab

Age: 14-20 | Community Center

Unlock your full potential with our innovative SAT/ACT Mastery Lab – a dynamic program designed to elevate your test-taking skills and boost your confidence. Learn effective strategies tailored to conquer each section of the SAT. Join us for an engaging learning experience that goes beyond traditional methods, offering a blend of interactive sessions, personalized strategies and cutting-edge resources.

For more information about Dr. Megha Suswaram, Ph.D. view her website at visioncollegecatalyst.com.

2/01-4/05 Saturday 9-11 a.m. \$300

SF = Senior Friendly



Abstract Photography Workshop

Age: 13+ | Community Center

Want to learn to see the world in a new way? Need a creative hobby that works anytime, anyplace? Ready to learn to craft images that make people say, "Whoa, cool – what is that?" Welcome to the practice of abstract photography, an art form no further away than the phone camera in your pocket.

Target skill level: beginner to intermediate (but everyone is welcome!) **under 13 OK with parent or guardian who is also a participant.** Participants provide their own camera (phone, tablet, other – all fine).

About the instructor: Brian Brewington is an amateur photographer from Superior, Colorado. His work has been exhibited at the Denver International Airport, the Colorado State Capitol, the United States Capitol and in national juried art shows. He believes that creativity is a team sport, and invites you to be part of the journey. You can find his work online at brianbrewington.com.

2/08	Saturday	9:30-11:30 a.m.	FREE
3/15	Saturday	9:30-11:30 a.m.	FREE

SF = Senior Friendly

Indian Cooking Classes

JANUARY: NEW YEAR, HEALTHY YOU – INDIAN STYLE! **SF**

Age: 18+ | Community Center

Join Akila in learning these gluten-free and vegetarian restaurant-worthy dishes from scratch! Participants will enjoy the full menu after class.

Tomato soup: easy homestyle soup, which is comforting and full of flavor. **Poha:** pressed/flattened rice flakes soaked and tossed with turmeric powder and mild spices.

1/25	Saturday	noon-1:30 p.m.	\$60
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MARCH: CELEBRATE THE LUCK OF THE IRISH – INDIAN STYLE! **SF**

Age: 18+ | Community Center

Join Akila in learning these restaurant-worthy dishes from scratch! Participants will enjoy the full menu after class.

Mint Pulao: come devour this delicious, fragrant and one-pot rice dish. **Palak Paneer:** cottage cheese cubes simmered in spinach puree and garnished with fresh cream.

3/29	Saturday	noon-1:30 p.m.	\$60
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ALL AGES ENRICHMENT

Community Blood Drive

Age: 12+ | Community Center

National Charity League members are partnering with the American Red Cross to help decrease the shortage of blood available for emergency medical services.

This blood drive will run from 9 a.m. to 3 p.m., with hourly time slots for donors. Please visit redcrossblood.org and search for the 80027 zip code and January 6 to find this blood drive and select your desired time slot.

1/06	Monday	9 a.m.-3 p.m.	FREE
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Ukulele Jam!

All Ages | Community Center

Come play with other ukulele lovers' and have the opportunity to learn, share music and perform in a fun and supportive environment. All player abilities welcome.

*Registration is not required.

1/06-4/28 Monday 4:30-6:30 p.m. FREE

Environmental Education

ECO-RANGER WILDLIFE AWARENESS COURSE

Age: 5+ | Community Center

Want to be an eco-ranger within your community? Come and learn about our abundant backyard wildlife and how to help in a wildlife emergency. Talks will consist of one hour of education about common backyard wildlife and one hour of a topic-related hands-on project. Instructor Lia Arntsen from Greenwood Wildlife will teach you everything you need to know and how you can create a positive impact with our local wildlife!

Notice – Where, when and how to look out for wildlife

Care – Why we should care about native wildlife

Act – What to do when we find wildlife that needs help

This course is for ages 5 years old and up. Children must be present with an adult/parent. There is a suggested \$10 donation per class for supplies and materials.

2/02-3/30 Sunday 11 a.m.-1 p.m. FREE

2025 RAPTOR MONITORING TRAINING

All Ages | Community Center

Want to be an advocate for our raptors/birds of prey and contribute in data tracking? Join the Raptor Monitoring Program this 2025 season, and connect with other raptor enthusiasts and volunteers from the community. Attend this year's training, and learn how to get involved. This program tracks raptor activity by reporting sightings of raptors such as: bald eagles, owls, hawks, etc.

If you are unable to attend this in-person training, you can attend a virtual meeting via Zoom on Thursday, January 23 from 7-9 p.m. which covers the same content. cuboulder.zoom.us/j/98814726821 passcode **898990**.

1/11 Saturday 10 a.m.-noon FREE

2025 WILDLIFE MONITORING TRAINING

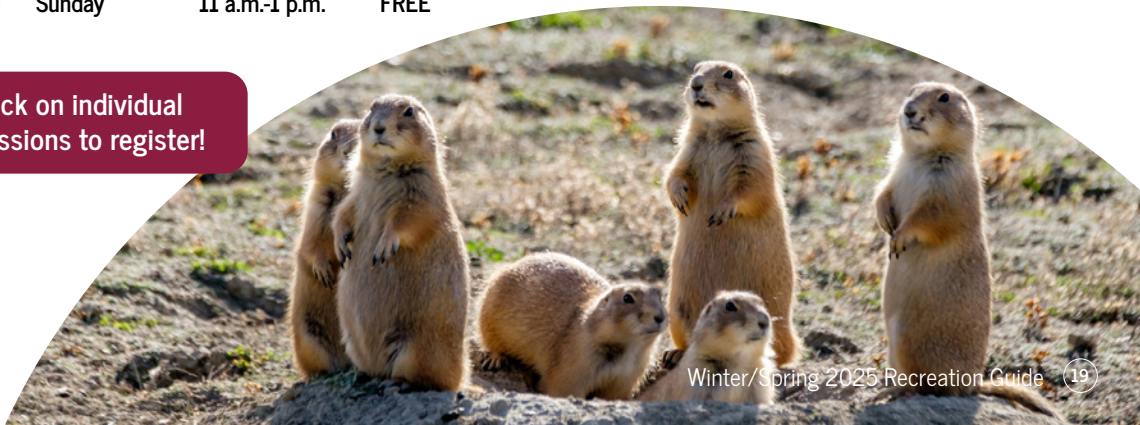
All Ages | Community Center

Want to be an advocate for our wildlife and contribute in data tracking? Join the Wildlife Monitoring Program this 2025 season, and connect with other wildlife enthusiasts and volunteers from the community. Attend this year's training and learn how to get involved. This program tracks wildlife activity by reporting sightings of wildlife such as: coyotes, foxes, bobcats, deer, elk, beavers, raccoons, muskrats and snapping turtles.

1/07 Tuesday 5:30-7 p.m. FREE



Click on individual
sessions to register!



Senior activities & programs



Senior Welcome Breakfast

Age: 60+ | Community Center

Gather with other seniors to grab a bite to eat, mingle and make plans to attend the upcoming drop-in activities and program offerings. During this time, seniors can stop by the front desk and create their account for program registration.

*Preregistration is not required; however, an account in the system will allow staff to gather attendance data for each offering.

1/08	Wednesday	9-10:30 a.m.	FREE
2/05	Wednesday	9-10:30 a.m.	FREE
3/05	Wednesday	9-10:30 a.m.	FREE
4/02	Wednesday	9-10:30 a.m.	FREE

➡ Click on individual sessions to register!

WEEKLY DROP-IN ACTIVITIES

Gardeners Unite

Age: 60+ | Community Center

If you like to garden or would like to learn more about gardening, this group is for you. This group will allow you to meet other gardeners and discuss ideas. You will have the opportunity to participate in hands-on gardening projects as well. Come and get dirty with us!

The Town is proud to partner with Elena Vargas Neil, General Manager from Vargas Property Services, to enhance the weekly discussions and projects.

*Registration can be done in advance or on the day you drop in.

1/06-1/27	Monday	10 a.m.-noon	FREE
2/03-2/24	Monday	10 a.m.-noon	FREE
3/03-3/31	Monday	10 a.m.-noon	FREE
4/07-4/28	Monday	10 a.m.-noon	FREE

SENIOR DROP-IN ACTIVITIES AT A GLANCE (WEEKLY AND MONTHLY)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gardeners Unite 10 a.m.-noon WEEKLY	Tech Pals noon-2 p.m. MONTHLY 2nd Tuesday of each month	Senior Welcome Breakfast 9-10:30 a.m. MONTHLY 1st Wednesday of each month	Book Club noon-2 p.m. MONTHLY 2nd Thursday of each month	Movies & Documentaries 5-7 p.m. WEEKLY
	Mahjong & Open Card/Board Games 2-4 p.m. WEEKLY	Mt. View Fire Blood Pressure Checks 10-11 a.m. MONTHLY 3rd Wednesday of each month	Euchre 2-4 p.m. WEEKLY	
		Crafters, Knitting & Crocheting 10 a.m.-noon WEEKLY		

Senior activities & programs

Mahjong & Open Card/Board Games

Age: 60+ | Community Center

Keep your mind active, sharpen your recall and challenge your brain by attending this open game-playing group. Games will be decided by those who show up. We will have many different games to choose from each week.

*Registration can be done in advance or on the day you drop in.

1/07-1/28	Tuesday	2-4 p.m.	FREE
2/04-2/25	Tuesday	2-4 p.m.	FREE
3/04-3/25	Tuesday	2-4 p.m.	FREE
4/01-4/29	Tuesday	2-4 p.m.	FREE

Crafters, Knitting & Crocheting

Age: 60+ | Community Center

Bring your project supplies, and gather with other crafters to socialize and show off your unique talent.

*Registration can be done in advance or on the day you drop in.

1/15-1/29	Wednesday	10 a.m.-noon	FREE
2/12-2/26	Wednesday	10 a.m.-noon	FREE
3/12-3/26	Wednesday	10 a.m.-noon	FREE
4/09-4/30	Wednesday	10 a.m.-noon	FREE

Euchre

Age: 60+ | Community Center

Join us on Thursdays for drop-in cards and fun! Players at any level are welcome to enjoy this trick-taking card game. Euchre is an offshoot of Juckerspiel, a game that became widely popular throughout Europe during the Napoleonic era.

*Registration can be done in advance or on the day you drop in to play.

1/09-1/30	Thursday	2-4 p.m.	FREE
2/06-2/27	Thursday	2-4 p.m.	FREE
3/06-3/27	Thursday	2-4 p.m.	FREE
4/03-4/24	Thursday	2-4 p.m.	FREE

Movies & Documentaries

Age: 60+ | Community Center

This group aims to build community and friendships through shared film experiences, fostering reflection and lively, informal dialogue.

*Registration can be done in advance or on the day you drop in.

1/10-1/31	Friday	5-7 p.m.	FREE
2/07-2/28	Friday	5-7 p.m.	FREE
3/07-3/28	Friday	5-7 p.m.	FREE
4/04-4/25	Friday	5-7 p.m.	FREE

MONTHLY DROP-IN ACTIVITIES

Tech Pals

Age: 60+ | Community Center

Drop by with your device for assistance from a Tech Pals, Inc. trained volunteer. They will help you navigate your device and learn new skills.

*Registration can be done in advance or on the day you drop in.

OR you can email support@thetechpals.org to schedule an appointment. In your email, please include:

- Details about the device or devices you need help with (the manufacturer and operating system of your laptop, phone, tablet, watch)
- A description of what type of help you need
- Day(s) of the week and time(s) of day that work best for you

Tech Pals will reply to your email as soon as possible to set up an appointment or provide possible solutions through email, depending on your needs.

1/14	Tuesday	noon-2 p.m.	FREE
2/11	Tuesday	noon-2 p.m.	FREE
3/11	Tuesday	noon-2 p.m.	FREE
4/08	Tuesday	noon-2 p.m.	FREE

Senior activities & programs



Mt. View Fire Blood Pressure Checks

Age: 60+ | Community Center

Ever wonder what your blood pressure reading is? Once a month (on the third Wednesday), you can find out!

*Registration can be done in advance or on the day you drop in.

1/15	Wednesday	10-11 a.m.	FREE
2/19	Wednesday	10-11 a.m.	FREE
3/19	Wednesday	10-11 a.m.	FREE
4/16	Wednesday	10-11 a.m.	FREE

Book Club

Age: 60+ | Community Center

You're invited to a lively discussion of books. Participants choose a list of books, and discuss one each month. Come prepared with your suggestions. If you like to read and share your thoughts on chosen books, this group is for you. We will meet on the second Thursday of each month.

*Registration can be done in advance or on the day you drop in.

1/09	Thursday	noon-2 p.m.	FREE
2/13	Thursday	noon-2 p.m.	FREE
3/13	Thursday	noon-2 p.m.	FREE
4/10	Thursday	noon-2 p.m.	FREE

SENIOR PROGRAMS

Bingocize!

Age: 60+ | Community Center

Fall Prevention | Exercise | Nutrition 

Bingocize® isn't just another health program, it's a vibrant fusion of fitness and health education that seamlessly incorporates the beloved game of bingo!

The combination is a winning formula that keeps Bingocizers coming back for more. Bingocize isn't just about exercise and health education. It's about creating memorable experiences infused with music, movement and social connections.

1/27-4/14 Monday 1-2 p.m. FREE

German Classes

Age: 18+ | Community Center

An introduction to modern spoken German for adults, leveraging the many similarities between English and German, both in vocabulary and grammar.

1/07-2/25 Tuesday 9:30-11 a.m. \$120
3/04-4/29 Tuesday 9:30-11 a.m. \$120





Senior activities & programs

Investing 101

Age: 18+ | Community Center

This weekly class will review seven different topics across personal finance and investing: how responsible investing can be beneficial for an individual long-term, bonds, stocks, retirement and education accounts, portfolio construction, real estate, and investing internationally. The information presented will be a combination of general knowledge, how specific investment vehicles work, risk considerations, and options for beginning to invest in each market covered in the class.

1/08-2/19 Wednesday 6-7 p.m. FREE

Medicare 101: Educational Seminar

Age: 65+ | Community Center

While obtaining Medicare coverage is something most of us will experience in our lives eventually, it can be confusing to know when and how to make this transition and then how to choose a plan to supplement original Medicare that best suits your needs. People in all walks of life can benefit from a better understanding of Medicare. The goal is to educate so that when Medicare comes up, you know what questions to ask and can make informed decisions. Seminars are for those 65+ (or those under 65 with Medicare).

1/16	Thursday	5:30-6:30 p.m.	FREE
2/19	Wednesday	6-7 p.m.	FREE
3/18	Tuesday	5:30-6:30 p.m.	FREE
4/16	Wednesday	5:30-6:30 p.m.	FREE

Medicare Changes – What You Need to Know

Age: 65+ | Community Center

Every year your Medicare plan changes; however, this year there are more changes than ever due to the Inflation Reduction Act. There are good and not-so-good changes in almost all plans this year. Many individuals may not realize how these changes will affect them until the new year when they start using the plan. This seminar will go over the changes and how they may affect your coverage.

1/22 Wednesday 5:30-6:30 p.m. FREE

N'Balance for Falls Prevention

Age: 60+ | Community Center

Participants will engage in exercises and movements to improve balance and coordination, strengthen lower body muscles and increase confidence. Each class incorporates sitting, standing and walking balance exercises to not only improve balance but to also reduce the fear of falling. This class has the overarching goal to increase balance and strength to prevent falls, injuries and admissions to the hospital and is led by a registered occupational therapist from Avista Adventist Hospital.

1/15-2/26	Wednesday	1-2 p.m.	\$35
3/05-4/23	Wednesday	1-2 p.m.	\$40

 **Click on individual sessions to register!**



Senior activities & programs



Tai Chi for Arthritis and Falls Prevention

TAI CHI FORMS 1

Age: 18+ | Community Center

This class focuses on relieving the symptoms of arthritis and pain and enhancing overall healthy movement with Tai Chi Forms 1. Participants do not need to have arthritis to benefit from the exercises that improve balance and reduce risk and fear of falling.

Email whitney.todaro@AdventHealth.com with questions.

1/16-2/27 Thursday 1:15-2:15 p.m. \$35

TAI CHI FORMS 2

Age: 18+ | Community Center

This class focuses on relieving the symptoms of arthritis and pain and enhancing overall healthy movement with Tai Chi Forms 2.

The class is taught step-by-step, so anyone who is interested in improving their balance, activity tolerance or just to get their chi flowing is welcome!

Participants do not need to have arthritis or take Tai Chi Forms 1 to benefit from these exercises that improve balance and reduce risk and fear of falling.

Email whitney.todaro@AdventHealth.com with questions.

3/06-4/24 Thursday 1:15-2:15 p.m. \$35

The "Amazing" Piano Class for Beginners

Age: 13+ | Community Center

This "Amazing" Piano Keyboard class is a fun way to begin a lifetime of enjoying playing music. Play melodies, chords and rhythms. Learn good postures and techniques to avoid habits that hold many pianists back!

*Participants will need to bring their own keyboard. Instructor has low-cost rental keyboards if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	5:40-6:40 p.m.	\$64
2/06-2/27	Thursday	5:40-6:40 p.m.	\$64
3/06-3/27	Thursday	5:40-6:40 p.m.	\$64
4/03-4/24	Thursday	5:40-6:40 p.m.	\$64

The "Amazing" Guitar Class for Beginners

Age: 13+ | Community Center

This "Amazing" Guitar class is a fun way to begin a lifetime of enjoying playing music. Play melodies, strum chords, create rhythms. Learn good postures and techniques to avoid habits that hold many guitarists back!

*Participants need to bring their own guitar. Instructor has low-cost rentals if needed. Please call 720-290-5854 to reserve your rental.

1/09-1/30	Thursday	6:45-7:45 p.m.	\$64
2/06-2/27	Thursday	6:45-7:45 p.m.	\$64
3/06-3/27	Thursday	6:45-7:45 p.m.	\$64
4/03-4/24	Thursday	6:45-7:45 p.m.	\$64



Click on individual sessions to register!





Senior activities & programs

Learn Spanish Colorado

Age: 18+ | Community Center

Learn Spanish Colorado specializes in teaching Spanish classes for adults. We are dedicated to finding the best teaching methods to reach the individual necessities of our students. In these classes, you will find:

- Native instructor
- Interactive, fun and practical classes with an established curriculum
- Classes focus on communication and culture
- Level and pace depends on student's needs
- Small classes (1-6)
- Inexpensive

1/09-2/27	Thursday	9-10:30 a.m.	\$240
3/06-4/24	Thursday	9-10:30 a.m.	\$240

Dealing with Dementia Workshop

Age: 18+ | Community Center

The Boulder County Area Agency on Aging Caregiver Initiative is focused on empowering and supporting caregivers of older adults. Family/informal caregivers are the backbone of community-based services. To support local caregivers of people with dementia, we are offering this workshop, developed by the Rosalynn Carter Institute for Caregiving. This workshop provides effective strategies for dealing with dementia behaviors, providing tips and strategies for caregivers on best practices for caring for their loved ones and themselves. Caregivers who attend the workshop will also receive a copy of the Dealing with Dementia Guide, which provides information and solutions to problems caregivers face every day.

*There is no charge for this program. Registration is required. Refreshments provided.

4/11	Friday	9 a.m.-1 p.m.	FREE
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Indian Cooking Classes

JANUARY: NEW YEAR, HEALTHY YOU – INDIAN STYLE!

Age: 18+ | Community Center

Join Akila in learning these gluten-free and vegetarian restaurant-worthy dishes from scratch! Participants will enjoy the full menu after class.

Tomato soup: easy homestyle soup, which is comforting and full of flavor. **Poha:** pressed/flattened rice flakes soaked and tossed with turmeric powder and mild spices.

1/25	Saturday	noon-1:30 p.m.	\$60
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MARCH: CELEBRATE THE LUCK OF THE IRISH – INDIAN STYLE!

Age: 18+ | Community Center

Join Akila in learning these restaurant-worthy dishes from scratch! Participants will enjoy the full menu after class.

Mint Pulao: come devour this delicious, fragrant and one-pot rice dish. **Palak Paneer:** cottage cheese cubes simmered in spinach puree and garnished with fresh cream.

3/29	Saturday	noon-1:30 p.m.	\$60
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outdoor programs



YOUTH SPORTS

Junior Tennis Programs

RABBITS

Age: 4-5 | North Pool Tennis Courts

Rabbits focuses on the introduction to tennis for students 4-5 years old. This includes working on mobility and agility skills with eye, hand and foot coordination drills and games.

Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships and have lots of fun!

Students are required to bring a racket and water to class. Classes are a six students to one coach ratio.

1/11-2/01	Saturday	10:30-11:30 a.m.	\$85
2/08-3/01	Saturday	10:30-11:30 a.m.	\$85
3/08-3/29	Saturday	10:30-11:30 a.m.	\$85
4/02-4/23	Wednesday	4:30-5:30 p.m.	Varied
4/05-4/26	Saturday	9:00-10:00 a.m.	Varied

HOT SHOTS

Age: 6-8 | North Pool Tennis Courts

Hot Shots focuses on the introduction and development of students 8 years old and younger to tennis. This includes working on mobility and agility skills with eye, hand and foot coordination drills and games.

Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships and have lots of fun!

Students are required to bring a racket and water to class. Classes are a six students to one coach ratio.

1/11-2/01	Saturday	11:30 a.m.-12:30 p.m.	\$85
2/08-3/01	Saturday	11:30 a.m.-12:30 p.m.	\$85
3/08-3/29	Saturday	11:30 a.m.-12:30 p.m.	\$85
4/01-4/24	Tues, Thurs	4:30-5:30 p.m.	Varied
4/05-4/26	Saturday	10:00-11:00 a.m.	Varied

➡ Click on individual sessions to register!



Coach Charlie

Hi! I'm Charlie Warner, and I look forward to bringing tennis to the Town of Superior. As a tennis professional with over 43 years of coaching, I have developed a unique style of teaching with an ability to teach all levels and ages. The all-new tennis programming that will be available for all to see and experience in Superior is under the [iluv10s.com](https://www.iluv10s.com) banner. We offer tennis for everyone. This includes NTRP 4.5 plus competitors, adults from beginner through NTRP 4.0 league players, and youths from 4-year-olds to advanced 17-year-olds.



JUNIOR STROKES

Age: 8-11 | North Pool Tennis Courts

Junior Strokes focuses on the introduction and development of students 11 years old and younger to tennis. This includes working on mobility and agility skills with eye, hand and foot coordination drills and games.

Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships and have lots of fun!

Students are required to bring a racket and water to class. Classes are a six students to one coach ratio.

1/11-2/01	Saturday	12:30-1:30 p.m.	\$85
2/08-3/01	Saturday	12:30-1:30 p.m.	\$85
3/08-3/29	Saturday	12:30-1:30 p.m.	\$85
4/01-4/24	Tues, Thurs	5:30-6:30 p.m.	Varied
4/05-4/26	Saturday	11:00 a.m.-noon	Varied

SKILLS & GAMES

Age: 11-16 | North Pool Tennis Courts

Skills & Games focuses on the introduction and development of students 11 years old and older to tennis. This includes working on mobility and agility skills with eye, hand and foot coordination drills and games.

Kids have the opportunity to work on athleticism at an early age. They will also be introduced to learning proper tennis skills, get great exercise, develop new relationships and have lots of fun!

Students are required to bring a racket and water to class. Classes are a six students to one coach ratio.

1/11-2/01	Saturday	1:30-3 p.m.	\$125
2/08-3/01	Saturday	1:30-3 p.m.	\$125
3/08-3/29	Saturday	1:30-3 p.m.	\$125
4/02-4/23	Wednesday	5:30-7:00 p.m.	Varied
4/04-4/25	Friday	6:00-7:30 p.m.	Varied
4/05-4/26	Saturday	noon-1:30 p.m.	Varied

Junior Elite Tennis Programs

Purchase "Drop-In" passes or "Packages" for any Elite tennis program.

ORANGE

Age: 7-11 | North Pool Tennis Courts

The Orange Elite class is for serious 11 and under juniors who are ready for a competitive tennis game! To participate in this performance class, you must meet the following requirements:

- 11 years old or younger.
- Can hit with some consistency.
- Show a serious and focused attitude.
- Willing to work and play hard.

Class spots are limited, and all students are evaluated by the tennis coaches. This class is great for learning technique and understanding how to use the court during point play. Students are required to bring a racket and water to class. Classes are a six students to one coach ratio.

1/06-4/28 Mon, Fri 3:45-5:15 p.m. \$37
4-Session Package = \$140 | 8-Session Package = \$250

Private Tennis Lessons

All Ages | North Pool Tennis Courts

Private tennis lessons are available to all levels, with three levels of pros available for teaching:

Junior Pros: (\$40/hr – for kids in the junior program)
Junior Head Pro: (\$50/hr – for youth and adults alike)
USPTA Elite Pros: Charlie Warner and Dan Gray (\$70/hr – for all)

Package deals are also available. All private lessons must be set up in direct correspondence between clients, pros and tennis pro Charlie Warner – cwarner.iluv10s@gmail.com. Register for private lessons at iluv10s.com.



outdoor programs



TIER 3 & 4

Age: 10-17 | North Pool Tennis Courts

The Tier 3 Elite class includes High School Junior Varsity, Middle School, 12 and under tournament and ranked 10 and under players.

The Tier 4 Elite class is for serious 14 and under juniors ready to be competitive tennis players!

To participate in this performance class, you must meet the following requirements:

- 10 years old or older.
- Can hit with some consistency.
- Show a serious and focused attitude.
- Willing to work and play hard.

Class spots are limited, and all students are evaluated by the tennis coaches. This class is great for players who are looking to play high school tennis and are interested in starting to play tournaments. If you are a talented 10 or under player who is having trouble finding the right fit for your game, try this class.

1/11-3/29 Saturday 3-4:30 p.m. \$37
4-Session Package = \$140 | 8-Session Package = \$250

TGA Premier Golf

Age: 5-12 | Purple Park

TGA introduces the lifelong sport of golf at a young age through programs that provide a fun and enriching experience for children while being a convenient and affordable option for parents. Our dedicated coaching staff helps students develop their skills and a passion for golf while using the sport as a vehicle for delivering curriculums that are loaded with educational concepts including STEM and life skills such as respect, honesty, perseverance and sportsmanship.

TGA stands for: Teach, Grow, Achieve – these concepts are the foundation of every program we offer. We invite you to give your child the advantage of learning and playing golf in an environment that will benefit them for a lifetime.

We teach kids the game of golf through easy-to-understand concepts and interactive games that are fun and engaging. Using skill-based drills that can be done anywhere (indoors or outdoors, at school, or on the golf course), students develop the fundamentals, explore academic concepts through game play, and practice life skills such as sportsmanship and respect. *All first time participants receive a TGA Hat and Handbook. All students are provided a colored Hat Clip based on the level achieved.

4/03-5/22 Thursday 4:15-5:15 p.m. \$192

➡ Click on individual
sessions to register!



ADULT SPORTS

Adult Tennis Programs

Purchase "Drop-In" passes or "Packages" for any adult tennis program.

A drop-in pass is priced for a single day of a program. When purchasing a drop-in pass, please select which day you wish to attend a program. Multiple days can be purchased.

A package (either 4 or 8 check-ins) allows you to participate any day that the program is held. Each time you participate, you will need to "check in" with the instructor.

START UP

Age: 18+ | North Pool Tennis Courts

An introductory class for beginners and a refresher course for people who have been out of the game for a while. Learn the latest techniques while having fun!

1/10-4/25	Friday	noon-1:30 p.m.	\$37
1/12-4/27	Sunday	10:30 a.m.-noon	\$37
4-Session Package = \$140 8-Session Package = \$250			

DRILL & PLAY

Age: 18+ | North Pool Tennis Courts

This is the traditional drill clinic that is popular with most players. 3.0-4.0 NTRP levels with a lot of movement, drilling and game play. Let's party!

1/12-4/27	Sunday	10:30 a.m.-noon	\$37
4-Session Package = \$140 8-Session Package = \$250			

STROKE OF THE WEEK

Age: 18+ | North Pool Tennis Courts

This class focuses on particular shots and moves. Each class has a purpose. Learn and put into action the tennis stroke of the week. For singles and doubles.

1/06-4/28	Mon, Fri	2-3:30 p.m.	\$37
1/08-4/30	Wednesday	1-2:30 p.m.	\$37
4-Session Package = \$140 8-Session Package = \$250			

Adult Elite Tennis Programs

Purchase "Drop-In" passes or "Packages" for any Elite tennis program.

TIER 1 & 2

Age: 12+ | North Pool Tennis Courts

The Tier 2 Elite Class includes 3.5/4.0 adult league and tournament players, high school varsity, 16, 14, and 12 and under ranked tournament players. Tier 2 is great for players who are already competing at a higher level of play. They will develop a better thought process and understanding of how to create patterns during point play.

The Tier 1 Elite Class includes 4.5+ adult league and tournament players, top high school varsity, 18, 16, 14 and under ranked tournament players with a UTR of 8 or better. Tier 1 is designed for players who are already competing at a high level. They will learn better point patterns and develop a solid style of play.

To participate in this performance class, you must meet the following requirements:

- 12 years old or older (must be able to handle power).
- Compete in tournaments and league play.
- Can hit with good consistency.
- Starting to develop weapons on court.
- Have a serious and focused attitude.
- Willing to work hard.

Class spots are limited, and all students are evaluated by the tennis coaches. This class is only for people who can compete against strong players. Players must be evaluated by the teaching staff.

1/12-3/23	Sunday	1:30-3 p.m.	\$37
4-Session Package = \$140 8-Session Package = \$250			

outdoor programs



Learn to Play Pickleball Clinics

Pickleball is the fastest growing sport in the United States. It combines exercising, competing and using your mind, while socializing and having fun with friends. Unlike many sports, pickleball is something men, women and children can spend time playing and enjoying together.

CLINIC 1

Age: 16+ | Autrey Park Pickleball Courts

This clinic is for newbies! You will learn some basic techniques, rules and scoring! Paddles are available for use during the lesson.

4/26 Saturday 11 a.m.-1 p.m. \$40

Pickleball Mixers/Coached Game Play

Ever struggled with finding pickleball players around your skill level to play with? Ever wanted to meet other pickleball players to rally with on the court? These mixers will help with that!



ADVANCED BEGINNER MIXER

Age: 16+ | Autrey Park Pickleball Courts

This will be a social mixer for recreational players who are confident in scoring and rules, have been playing a while and are ready for some friendly competition. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning team moves up a court and splits partners. Losers move down a court and split partners. A coach will monitor play and help coordinate the mixer.

4/26 Saturday 9-11 a.m. \$25

INTERMEDIATE MIXER

Age: 16+ | Autrey Park Pickleball Courts

This will be a social mixer for players who are confident in scoring, rules and have been playing competitive recreational play or novice-level tournaments. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning teams move up a court and split partners. The losing teams will move down a court and split partners. Coach Kathy will monitor play and help coordinate the mixer.

4/27 Sunday 11 a.m.-1 p.m. \$25

Coach Kathy

Kathy Mihelic is a PPR (Professional Pickleball Registry) Certified Professional, Silver Medalist for USA Pickleball Nationals in 2021 and 2022, and Team HEAD Penn Pickleball sponsored player. Kathy and her team of certified coaches are available to teach private, semi-private and group lessons. Email Kathy at KathrynMihelic@gmail.com.



outdoor programs

ADVANCED INTERMEDIATE LEVEL MIXER

Age: 16+ | Autrey Park Pickleball Courts

3.5 Level+. This will be a social mixer for players who are confident in scoring and rules and have been playing competitive recreational play or sanctioned tournaments. These players should know strategy and are confident playing at the NVZ. Players should also have the consistency of maintaining a rally of 15 or more shots without errors. There will be three courts of doubles play. A timer is set for 10 minutes. At the end of 10 minutes, the winning teams move up a court and split partners. Losers move down a court and split partners. Coach Kathy will monitor play and help coordinate the mixer.

4/27 Sunday 9-11 a.m. \$25

NATURE JOURNALING

All Ages | Multiple

Love art and nature? Come join Nature Journaling with our Open Space Ranger, Phary Om, who has a background in art education. You will learn the basics of nature journaling, get outside, share ideas, connect with others and create your own nature journal*.

*There is a one-time \$40 fee charge when you sign up, which is used towards art supplies and materials for you to keep.

1/25	Saturday	10 a.m.-noon
2/22	Saturday	10 a.m.-noon
3/29	Saturday	10 a.m.-noon
4/26	Saturday	10 a.m.-noon

OUTDOOR ENRICHMENT

Environmental Education

BIRDWATCHING FOR BEGINNERS

Age: 12+ | Open Space

Many would-be birders are intimidated by identical little birds with similar names. Can't tell a Yellow-breasted Noddle hatch from a White-winged Snowbird? Then join naturalist Dave Sutherland for a fun introduction to the world of birds, and how to spot them and identify them. Bring binoculars and bird guides if you have them. Birders of all abilities welcome, but beginners are cherished.

Content covered:

- Basic birdwatching skills to a public group
- How to choose binoculars and bird books
- Instill enthusiasm for bird watching and empower beginners
- Show that birdwatching is fun

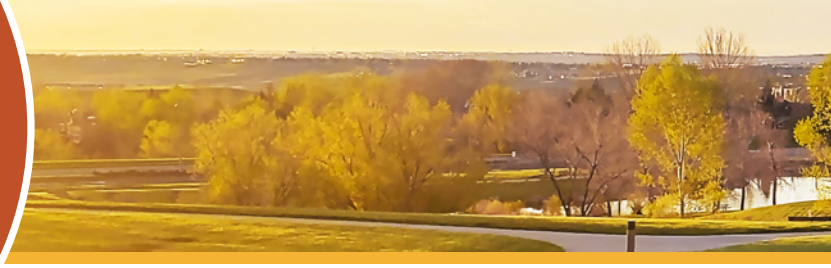
3/30 Sunday 10 a.m.-noon FREE

➔ **Click on individual sessions to register!**





athletic fields, parks & pavilions



	Available for Reservation	Walking Trail Access	Parking	Barbeque Grill	Picnic Tables	Electricity	Drinking Fountain	Restrooms	Pavilions	Playground Equipment	Disc Golf Park
ASTI PARK • 110 Maple St.	✓	✓		✓	✓			✓			
AUTREY PARK • Rock Creek Pkwy. & Honey Creek Lane	✓	✓	✓		✓		✓	✓			✓
CABIN PARK • 2837 Flint Ct.		✓			✓					✓	
CASTLE PARK • 3924 S. Torreys Peak		✓			✓					✓	
CIRCLE PARK • Rock Creek Pkwy.		✓			✓						
COMMUNITY PARK • 1350 Coalton Road	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
FIRE STATION PARK • 3181 Torreys Peak Drive		✓			✓					✓	
GRASSO PARK • 124 E. William St.		✓			✓						
NORTH POOL PARK • 1650 S. Indiana St.		✓			✓			✓		✓	
PIRATE PARK • 1412 Hyacinth Way		✓			✓					✓	
PURPLE PARK • 1310 S. Pitkin Ave.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
RIVERBEND • 1055 E. Riverbend St.		✓			✓						
SOUTH POOL PARK • 3300 Huron Peak Ave.	✓	✓	✓		✓				✓	✓	
FOUNDERS PARK • 601 W. Coal Creek Drive					✓			✓		✓	
WILDFLOWER PARK • 3151 S. Indiana St.	✓	✓		✓	✓	✓	✓	✓	✓	✓	
SUPERIOR COMMONS • 2130 Creek View Drive	✓	✓	✓			✓	✓	✓		✓	



Dog Park	Bike Park	Skate Park	Basketball Court	Sand Volleyball	Tennis Court	Playing Fields	Ball Field	Turf Field	Pickleball Courts
✓	✓	✓							✓
			✓			✓	✓	✓	
					✓				
				✓					
		✓							
			✓			✓	✓		
			✓	✓		✓			
						✓			

Athletic Field Reservations

The Town of Superior has many athletic fields suitable for seasonal, occasional and tournament play. All Town of Superior athletic fields are open to the public for use on a first-come, first-served basis. To obtain exclusive use of a field, complete and submit a [Sports Complex Permit Application](#) to tospros@superiorcolorado.gov. Applications can be found online at superiorrec.com. Field reservations must be paid for prior to use.

- Williams Turf and the West multipurpose field are available to rent year-round.
- Baseball fields are available to rent from April-November and are closed for field preservation from December-March.
- Superior Commons Athletic Field is available to rent from April-October. The field is closed November-March for field preservation.

Park/Pavilion Reservations

Come and enjoy the outdoors at one of Superior's beautiful parks.

- Park/Pavilion reservations are available to reserve online from May-October reservation dates. Park facilities may be used on a first-come, first-served basis from November-April.

Park/pavilion reservations may be made online beginning April 1 each year at superiorrec.com.



How Do I Register?



How do I register for Town of Superior programs?



Register Online

Visit the Program Registration webpage, secure.rec1.com/CO/superior-co/catalog, log in and sign up for the program(s) of your choice!

For questions or assistance with program registration, please call 303-554-9005 or email tospros@superiorcolorado.gov.



Registration Info
on page 23.